







Grace Dieu Manor School Lunch Menu

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Jacket Potatoes Grated Cheese Baked Beans Filled Baguettes	Pasta Spirals Mushroom Sauce Grated Cheese Garlic Bread Filled Baguettes	Jacket Potatoes Grated Cheese Spaghetti Hoops Filled Baguettes	Spring Vegetable Soup Spaghetti Bolognaise Sauce Grated Cheese Garlic Bread Filled Baguettes	Tomato Soup Jacket Potatoes Grated Cheese Filled Baguettes
	Pork Sausages or Vegetarian Sausages Creamed Potatoes Broccoli Salad Bar	Sweet and Sour Chicken or Sweet and Sour Quorn Boiled Rice Stir fry vegetables Salad Bar	Cornish Pasty or Cheese and Onion Pasty Jacket Wedges Sweetcorn Salad Bar	Roast Lamb and Mint Sauce or Spicy Bean Burgers Roast Potatoes Carrots Salad Bar	Fish Fingers or Fried Egg Chipped Potatoes Peas Salad Bar
	Apple and Oat Crumble and Custard Fresh Fruit	Peaches and Custard Fresh Fruit Melon	Raspberry Jelly Fresh Fruit Yoghurt	Marble Sponge and Custard Fresh Fruit Grapes	Ice Cream and Chocolate Sauce Fresh Fruit

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Macaroni Cheese Garlic Bread Filled Baguettes	Jacket Potatoes Grated Cheese Baked Beans Filled Baguettes	Ravioli in Tomato Sauce Grated Cheese Garlic Bread Filled Baguettes	Chicken Soup Jacket Potatoes Grated Cheese Spaghetti Hoops Pasta Shells Filled Baguettes	Tomato Soup Pasta Shells Cheese and Bacon Sauce Grated Cheese Filled Baguettes
	Minced Beef Pie Parsley Potatoes Peas Salad Bar	Poached Haddock or Boiled Ham Parsley Sauce Creamed Potatoes Carrots Salad Bar	Chicken Tikka Masala or Vegetable Curry Boiled Rice Onion Bhajee Vegetable Samosas Salad Bar	Roast Beef and Yorkshire Pudding or Roasted Vegetables Roast Potatoes Cabbage Salad Bar	Pork Sausages or Vegetarian Sausages Chipped Potatoes Baked Beans Salad Bar
	Fruit Cobbler and Custard Fresh Fruit	Chocolate Sponge and Chocolate Sauce Fresh Fruit Melon	Cheese and Biscuits Fresh Fruit Yoghurt	Jam Sponge and Custard Fresh Fruit Grapes	Pineapple and Ice Cream Fresh Fruit

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Jacket Potatoes Grated Cheese Spaghetti Hoops Filled Baguettes	Pasta Spirals Arrabiata Sauce Grated Cheese Garlic Bread Filled Baguettes	Jacket Potatoes Grated Cheese Baked Beans Filled Baguettes	Thick Vegetable Soup Pasta Shells Cheese and Bacon Sauce Grated Cheese Garlic Bread Filled Baguettes	Tomato Soup Jacket Potatoes Grated Cheese Filled Baguettes
	Savoury Mince or Cheesy Vegetables in Yorkshire Pudding Parsley Potatoes Broccoli Salad Bar	Sweet and Sour Pork or Sweet and Sour Quorn Boiled Rice Stir fry vegetables Salad Bar	Cheese and Tomato Quiche or Omelette Tomato Sauce Lattice Fries Sweetcorn Salad Bar	Roast Chicken Drumstick or Roast Peppers Roast Potatoes Salad Bar	Goujons of Plaice or Vegetable Nuggets Chipped Potatoes Peas Salad Bar
	Syrup Sponge and Custard Fresh Fruit	Apple Crumble and Custard Fresh Fruit Melon	Rice Pudding and Jam Fresh Fruit Yoghurt	Jam Tart and Custard Fresh Fruit Melon	Arctic Roll Fresh Fruit

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta Quills Arrabiata Sauce Grated Cheese Garlic Bread Filled Baguettes	Jacket Potatoes Grated Cheese Baked Beans Filled Baguettes	Pasta Shells Tomato Sauce Grated Cheese Garlic Bread Filled Baguettes	Spring Vegetable Soup Jacket Potatoes Grated Cheese Spaghetti Hoops Filled Baguettes	Tomato Soup Pasta Spirals Bolognaise Sauce Grated Cheese Garlic Bread Filled Baguettes
	Chicken Casserole or Cheese and Onion Quiche Parsley Potatoes Peas and Sweetcorn Salad Bar	Steak and Onion Pie or Tuna Pasta Bake Creamed Potatoes Broccoli Salad Bar	Cottage Pie or Vegetarian Cottage Pie Carrots Salad Bar	Roast Pork and Apple Sauce or Risotto Roast Potatoes Cabbage Salad Bar	Pizza or Fish Cake Chipped Potatoes Baked Beans Salad Bar
	Apple Pie and Custard Fresh Fruit	Plum Crumble and Custard Fresh Fruit Melon	Cheese and Biscuits Fresh Fruit Yoghurt	Sand in the Red Sea Fresh Fruit Melon	Mandarins and Ice Cream Fresh Fruit

Children also receive a morning and afternoon snack with Fruit juice or a hot chocolate