		LUNC				Autumn
	Monday	Tuesday	Wednesday	Thursday	Friday	Autumn Every Day
Main Option	Beef Taco With Refried Beans	Moroccan Chicken Tagine	Honey Glazed Gammon	Chefs Chicken Curry	Fish Cakes	Freshly made Bread of the Day
Vegetarian	Halloumi Stuffed Peppers	Falafel With Mint Yoghurt	Sweet Potato Topped Shepardess Pie	Roasted Vegetable Moussaka	Pearl Barley Risotto Filled Tomato's	Greek Yoghurt With Fruit
To Enjoy with	Mexican Style Rice Sour Cream Guacamole Salsa	Herby Cous Cous Roasted Peppers	New Potatoes Roast Parsnip & Butternut Squash	Braised Mushroom Rice Roasted Courgette	Oven Baked Chips Mushy Peas Baked Beans	Toppers Selection of Fruit
Pasta & Potato Bar	Pasta Arrabiata	Sweet Potato Jacket With Tuna & Sweetcorn	Pesto & Broccoli Tagelitelli	Hassel Back Jacket with Grated Mature Cheddar	Roasted Vegetable Lasagne	Fresh Salad Bar
Scrummy Puds	Cookie of The Day	Coconut and Lime Sponge	Chocolate Brownie With Chocolate Custard	Lemon Posset Pots	Traffic Light Jelly	EMD
Week Nine					Silk	